

*So happy!!*

*I just want to start off my saying a huge "thank you" to Dr Singh and her amazing team. They are so caring and sweet, I felt like I was at home.*

*I had my arms, stomach and legs done, a lot I know but so worth it. It was a long process of healing and still is. The results were instantly recognisable and I see my body changing daily still!*

*This operation was the best thing that I could have spoiled myself with and my body is exactly how I pictured it would be. I lost a grand total of 44cm and about 5kg's.*

*I still have some swelling as it's only been a month, can't wait to see my bodies changes within the next couple of months.*

*Below is the before and after pictures:*

